

PSHE Policy

March 2021



Our Vision for PSHE:

At Boney Hay Primary Academy, we believe our children are unique individuals who have the talents, attitudes and capacity to become well-rounded individuals of the 21st Century. To help them achieve this we ensure that our curriculum provides the knowledge, skills and inter-relationships necessary to turn schooling into practice. We do not believe in narrowing the curriculum to pass exams, rather to allow opportunities to explore, practise and consolidate knowledge to apply to real life situations. We teach our curriculum according to the individual needs of our children, promoting high-class vocabulary, analysis of knowledge learned, creativity of delivery and pupil independence. Our PSHE curriculum is designed for all to achieve and underpins the need for social justice. At Boney Hay, this is translated into giving every child the cultural capital and rich vocabulary to succeed. Our curriculum is rich in knowledge, diverse in nature and is underpinned by secure subject knowledge.



Intent:

This policy also supports legal requirements relating to:

- The Equality Act 2010
- The Education Act 1996
- Keeping Children Safe in Education

There are three core themes for primary school PSHE and RSHE is delivered within this broad PSHE education programme:

Relationships

This theme includes:

- How to develop and maintain a variety of relationships, within a range of social and cultural contexts.
- How to recognise and manage emotions within relationships.
- How to respond to risky or negative relationships, including bullying and abuse.
- How to respond to risky or negative relationships and ask for help.
- How to respect equality and diversity in relationships.

Among other things, pupils will learn to recognise that their behaviour can affect other people; to listen to other people and work and play cooperatively; to identify special people in their lives (parents, siblings, friends) and how they should care for each other; what physical contact is acceptable; and what to do if they are being bullied.

Living in the Wider World

Through this theme, children learn:

- About respect for themselves and others, and the importance of responsible actions and behaviour.
- About rights and responsibilities as members of families, other groups and citizens.
- About different groups and communities.
- To respect equality and diversity, and how to be a productive member of a diverse community.
- About the importance of respecting and protecting the environment.
- About where money comes from, keeping it safe, and the importance of managing it effectively.
- The part that money plays in people's lives.
- A basic understanding of enterprise.

Some of the things the pupils will learn include how to make and follow group, class and school rules; what protects and harms the environment; how to make choices about spending or saving money; ways in which we are all unique and the things we have in common; about basic human rights; and to respect national, regional, religious and ethnic identities.

Health and Wellbeing

This area of PSHE teaches children:

- What is meant by a 'healthy lifestyle'.
- How to maintain physical, mental and emotional health and wellbeing.
- How to manage risks to physical and emotional health and wellbeing.
- Ways of keeping physically and emotionally safe.
- How to manage change, including puberty, transition and loss.
- How to make informed choices about health and wellbeing, and where to get help with this.
- How to respond in an emergency.
- To identify different influences on health and wellbeing.

Pupils will learn things like the importance of personal hygiene; the physical differences between boys and girls; road safety, cycle safety and online safety; people who help us; how to talk about their feelings; and the benefits of physical activity. This is just a snapshot of the many elements that the Health and Wellbeing core theme covers.

Implementation:

Boney Hay follows the National Curriculum and the PSHE Association Curriculum, which include the core themes and recommended topic areas, which include RSHE. Teachers ensure that they include lessons that focus upon the skills and attributes that are specific to our community based on Boney Hay's curriculum intent.

At the start of each core theme there is a whole school assembly to launch the focus of the up-coming PSHE sessions. All staff attend this assembly to highlight the importance of the subject. Each core theme is taught over a term.

PSHE is taught as a weekly stand-alone subject with each session lasting a minimum of 30 minutes being taught by the class teacher. Teachers are facilitators. They will ask questions to provoke thought and appropriate debate. Through observing and listening, teachers will address any misconceptions. Each lesson will end with a moment to reflect in order to revise and summarise the main points of the lesson. Written work is not expected; each class will have an 'evidence folder'. Post-it notes and annotated group resources or teach-pupil reflections will be included.

Roles and Responsibilities

An effective and purposeful PSHE curriculum requires the support from the whole school community, therefore the following roles and responsibilities have been fulfilled:

- The Principal and Vice Principal oversee the development and delivery of PSHE within the academy including supporting the subject leader.
- The subject leader is responsible for leading and developing PSHE across the academy.
- Teaching staff are required to teach PSHE using the agreed academy curriculum.
- Training and support for all staff is facilitated through the subject leader and the Headteacher.
- All staff, including support staff, are responsible for knowing and implementing the policy relating to PSHE.
- Parental liaison and support directly through the class teachers and subject leader
- The development and delivery of PSHE is shared with the Local Academy Council through the Headteacher and subject leader.

Resources

PSHE medium-term planning contains links to resources that support each module. In addition to these, the PSHE Association resource library offers high-quality resources to help teachers put PSHE plans into practice. The resources here are either developed by the Association or carry the Association's Quality Mark.

Resources such as picture cards, games, puppets and 3D models enhance learning and support inclusion, contain accurate information from authoritative medical sources, and clearly separate opinions, beliefs and facts.

It is important to link PSHE with the ICT/computing curriculum, which teaches about online safety. It is vital for PSHE to teach that the internet and social media are important resources for learning and information, and a great opportunity to build social networks, as well as teaching about the risks and how to stay safe online.

Inclusion

All children and staff have equal human rights at Boney Hay Primary Academy. The Equality Act sets out the duty to eliminate discrimination, advance equality of opportunity and foster good relationships between those with protected characteristics and those without. The protected characteristics are:

- Age
- Marriage and Civil partnership
- Disability
- Race
- Religion & belief
- Sexual orientation
- Sex
- Pregnancy and maternity
- Gender reassignment

The procedures in this policy are to be administered with full regard to our Equal Opportunities Policy and the rights of every individual. The policy fully embraces the whole school policy for inclusion. Every effort is made to integrate all students into all elements of PSHE with a range of equipment, tasks and challenges being adapted where appropriate, to suit individual children's requirements so that all children gain success from their efforts. In addition, consideration is given to the needs of those with Special Educational Needs (SEN). The PSHE programme will meet the needs of all children and young people. Lessons will include content which will tackle discrimination and foster good relationships.

Right to Withdraw

Parents and carers cannot legally withdraw their child from any aspect of the PSHE Education. Parents and carers have the right to withdraw from Sex Education apart from content that is taught within the Science National Curriculum. The parent and carer right to withdraw applies up to three terms before the young person turns 16. As a school, parents/carers will be informed when sex education lessons will take place and remind them of their right to withdraw. Parents and carers must inform the academy of their intention to withdraw their child.

Safeguarding

PSHE Education includes sensitive topics and it is therefore possible that discussions will prompt safeguarding disclosures. Reference should be made to safeguarding policies and procedures to deal with any disclosures appropriately and sensitively. The Subject Leader and teacher should discuss with the Designated Safeguarding Lead in the academy any potentially sensitive topics. Appropriate steps must be taken to provide additional support for children and young people if required. Staff should consider the timing of lessons to ensure that children and young people have the opportunity to report any concerns they may have either that day or the following day.

Impact

Assessment, Monitoring and Feedback

PSHE will be monitored by the subject leader as part of the wider PSHE curriculum and over seen by the Headteacher, in line with other subjects within the Academy. Monitoring will be proportionate to the need and feedback will be given to the necessary stakeholders in a timely and appropriate manner.

This could include:

- Planning trawls.
- Lesson observations.
- Learning walks.
- Staff, pupil and/or parent voice.
- Assessments.
- Evidence folder.

Outcomes

By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study. Pupils will leave Boney Hay Primary Academy as unique individuals who have the talents, attitudes and capacity to become well-rounded individuals of the 21st Century. Impact is demonstrated in the following ways:

- Children are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others.
- They will apply their understanding of society to their everyday interactions, from the classroom to the wider community of which they are a part.
- Boney Hay prioritises physical and mental health and wellbeing, providing children with skills to evaluate their own wellbeing needs, practise self-care and continue positively to the wellbeing of those around them.
- PSHE education will have a positive impact on the whole child, including their academic development and progress, by mitigating any social and emotional barriers to learning and building confidence and self-esteem. It helps disadvantaged and vulnerable children achieve to a greater extent by raising aspirations and empowering them with skills to overcome barriers they face.